

## **Summer/Fall Athletics—Hayes to Beagle; Beagle to GLHS**

**Note:** registration for all middle school sports is NOT available until practices officially begin. Also, for all athletes, please be sure to review the last section of this document regarding sports physicals being up-to-date. Families in need should work with the athletic office regarding registration.

**Athletics Contact Information:** <https://grandledgecomets.org/main/contact>

### **Middle School Football:**

1. 7-8th grade football camp: July 7-9 from 12-2 pm at the football stadium. Signup information is on the community rec website.
2. MS strength and speed training starts June 9th and runs through July 30th from 10-11 AM at the high school weight room and stadium (no class the week of June 30-July 2nd). This program is open to all incoming 7th and 8th grade boys and girls athletes. Signup information is on the community rec website.
3. Sign up for incoming 7th and 8th graders interested in playing football for the 2025 season will take place on July 30th at 7 p.m. in the Beagle Cafeteria.  
Note: Equipment pick-up \*may\* happen during this initial sign-up meeting, or it may happen at a later date in August before the first day of practice.
4. First practice: August 18th

### **Middle School Cross Country:**

1. Voluntary middle school strength and speed training starts August 5th, 3x/week, 6:30-7:30pm, until school starts \*tentatively\*. This program is open to all incoming 7th and 8th grade boys and girl athletes. No registration for this required; these are voluntary drop-ins.
2. Cross country start date/practice: August 26th, 2:45-4:15 pm, daily
3. Please reach out to coach Matt Szydlowski with any questions at [szydlowskim@glcomets.net](mailto:szydlowskim@glcomets.net)

### **Middle School Volleyball:**

1. Tryouts: August 27th is day 1, 2-3 days of tryouts.
2. More information to come later in August
3. See link at end of document for middle school volleyball camp this summer!

### **Golf GLHS (rising 9th)**

The Girls Program will be holding open tryouts beginning Monday August 11th for the 2025 fall season for both Varsity as well as JV Teams. we have always been a no cut sport at Grand Ledge HS for the past 10 years with the Varsity comprising of 7-8 and the JV the remaining eligible student athletes, so if your daughter has any interest in playing or learning golf, meeting

new people and having some fun in the process come join the program and enjoy learning a lifelong sport while earning Athletic experiences, work ethic and being part of a team. If you are at all interested, we will have a few voluntary practice sessions over the summer to gauge your interest in the game of golf and see if this is a sport for your daughter. Our sessions are listed below and there is no cost to you or your daughter just show up with your own equipment (club or clubs) and a little hydration in case it is hot and we will help get you started;

June

Thursday 19th

Tuesday 24th

Thursday 26th

July

Thursday 17th

Tuesday 22nd

Thursday 24th

Tuesday 29th

Thursday 31st

All sessions are strictly voluntary and you can come to as many as you like or as few as you like that is 100% up to you, your daughter and your summer schedules. All we ask is to bring your own equipment, some hydration and a willingness to learn and we will do the rest, again there is no cost to you for this training.

The training will take place at Grand Ledge Country Club driving range (left hand side) from 4:30 to 5:45 ish each day we have posted above.

The Varsity Head Coach and program contact person is Jeff Miller. If you have any questions regarding any aspect of the program, please feel free to reach out via email ([jmiller20@faremrsagent.com](mailto:jmiller20@faremrsagent.com)) or by calling him directly at 517-449-7674 anytime and he will be happy to discuss the program.

Thank you, we look forward to seeing your daughters on the course this summer and GO COMETS!!!!

### **Girls' Swimming GLHS (rising 9th)**

First Day of practice is August 11th

Please reach out to coach Marcie Flood for any questions

[floodm@glcomets.net](mailto:floodm@glcomets.net)

### **Boys' Soccer GLHS (rising 9th)**

August 11th - August 15th at the GL Stadium 7-9am and 7-9pm

Players must attend all sessions to make a team

Please bring extra water, running shoes, shin guards cleats

DO NOT BRING ANY SOCCER BALLS

Please register for tryouts using the link below

<https://forms.gle/dJWfymuDhy5r1eyG9>

Please reach out to coach DJ Blanzzy for any questions

[davidjblanzzy@gmail.com](mailto:davidjblanzzy@gmail.com)

### **Sideline Cheers GLHS (rising 9th)**

Tryouts:

June 2nd (5:30pm-7:30pm)

June 3rd (5:30pm-7:30pm)

June 4th (3:30pm-9:00pm) 30 minute time slots per athlete

Please let the principal know that all who are interested must fill out this form: [GLHS Sideline Cheer Tryout Form](#)

Please reach out to coach Faith Kulang for any questions

[coachfaithk@gmail.com](mailto:coachfaithk@gmail.com)

### **Boys' Tennis GLHS (rising 9th)**

Player/parent meeting on 5/29 at 6pm in the Administrative Conference Room at Sawdon.

Hitting clinics Tuesdays 7-9pm and Saturdays 10am-noon from June 24 through August 2 (nothing 7/1-7/7).

Workouts in the weight room Wednesday and Friday from 5:30-6:30.

First Day of practice is August 11th

Please reach out to coach Mark Vandlen for any questions

[vandlenm@glcomets.net](mailto:vandlenm@glcomets.net)

### **Girls' Volleyball GLHS (rising 9th)**

Open gyms are Tuesday and Wednesday 5:30-7:30 starting June 10th.

Incoming freshmen camp is June 23rd-25th

First Day of tryouts are August 11th

Please reach out to coach Matthew Cox for any questions

[coxmatthew41@gmail.co](mailto:coxmatthew41@gmail.co)

### **Boys' Cross Country GLHS (rising 9th)**

Beagle 8th Grade Meeting May 29th - CNC

Summer Workouts - Beginning June 17

Tuesday-Thursday 8-9:30 (Island Park - Downtown GL)

Camp July 28-31 - Camp Nissokone - Oscoda

TeamReach: GLXC2025

First Day of practice is August 11th

Please reach out to coach Mark Buckland for any questions

[BucklandM@glcomets.net](mailto:BucklandM@glcomets.net)

### **Girls' Cross Country GLHS (rising 9th)**

1. Summer Team Runs will be Tue, Wed and Thur Weekly from 8:00am-9:30am at the GL Track Complex.
2. These runs will begin Tue June 10th and continue through the end of July (22-24).
3. There will be no team runs on July 1-3 as this is MHSAA dead period.
4. Our Cross Country Team Camp will be July 28-31 in Oscoda, MI at Camp Nissokone. We encourage all team members to attend this camp for a great week of training and team culture building.
5. There will be a sign up and informational meeting at Beagle MS on Wed May 29th during CNC at approx 2:10PM, likely in Mr. Buckland's room. This meeting is for any girl interested in running High School Cross Country in the fall of 25.

First Day of practice is August 11th

Please reach out to coach Fred Hutchinson for any questions  
HutchinsonF@glcomets.net

### **Boys' Football GLHS (rising 9th)**

Sign up meeting is July 30th at 6 pm in the HS cafeteria

First Day of practice is August 11th

Please reach out to coach Joe Brya for any questions  
bryaj@glcomets.net

### **Physicals**

- MHSSA Physical Form
  - <https://www.mhsaa.com/sites/default/files/Administrators/physical2page.pdf?time=1747319315248>
  - Sports physicals can be uploaded here:  
<https://docs.google.com/forms/d/e/1FAIpQLSc225C4DrjhHq-vdZDmyXtKhgRkIF5hGvDsDkQ0TdyfI49CnA/viewform?vc=0&c=0&w=1&flr=0>
  - All athletes must have a valid sports physical on or after April 15th, 2025 for fall and winter sports.
- Grand Ledge Health Center, located in GLHS, offers sports physicals throughout the summer.
  - ADD LINK to PDF here.

### **Comet Athletics Summer Camps:**

<https://grandledgecomets.org/main/otherad?contentID=46291438>